CLAIMS

- 1. A method of preventing or treating an inflammatory disease or condition in a patient comprising administering to the patient a therapeutically effective amount of:
 - (a) a glutathione donor; and
- 5 (b) 5-amino 4-imidazolecarboxamide ribotide (AICAR), a 3-hydroxy-3-methylgluatryl-coenzymeA (HMG-CoA) reductase inhibitor, D-threo-1-Phenyl-2-decanoylamino-3-morpholino-1-propanol HCl (D-PDMP), or 1,5-(butylimino)-1,5-dideoxy-D-glucitol (Miglustat), or a derivative thereof.
- 2. The method of claim 1, further comprising determining a patient is in need of the prevention or treatment.
 - 3. The method of claim 2, wherein determining a patient in need of the prevention or treatment comprises determining whether a patient is at risk for developing an inflammatory disease or condition.
- 4. The method of claim 3, wherein determining whether a patient is at risk for developing an inflammatory disease or condition comprises taking a family history or a patient history.
 - 5. The method of claim 1, wherein the glutathione donor is formulated in a pharmaceutically acceptable vehicle.
 - 6. The method of claim 1, wherein AICAR, the HMG-CoA reductase inhibitor, D-PDMP, or Miglustat is formulated in a pharmaceutically acceptable vehicle.
- 7. The method of claim 1, wherein GSNO is administered to the patient before, during, or after AICAR, an HMG-CoA reductase inhibitor, D-PDMP, or Miglustat is administered to the patient.
 - 8. The method of claim 1, wherein AlCAR, an HMG-CoA reductase inhibitor, D-PDMP, or Miglustat is administered to the patient before, during, or after GSNO is administered to the patient.
- 9. The method of claim 1, wherein the glutathione donor is administered to the patient before, during, and after AICAR, an HMG-CoA reductase inhibitor, D-PDMP, or Miglustat is administered to the patient.

The method of claim 1, wherein AICAR, an HMG-CoA reductase inhibitor, D-PDMP, or Miglustat is administered to the patient before, during, and after the glutathione donor is administered to the patient.

- 11. The method of claim 1, wherein the glutathione donor is a molecule that comprises glutathione.
- 5 12. The method of claim 1, wherein the glutathione donor is a precursor molecule to glutathione.
 - 13. The method of claim 1, wherein the glutathione donor is S-nitroglutathione (GSNO), L-2-oxo-thiazolidine 4-carboxylate (Procysteine), N-acetyl cysteine (NAC), or N-acetyl glutathione.
 - 14. The method of claim 13, wherein the glutathione donor is S-nitroglutathione (GSNO).
 - 15. The method of claim 1, wherein the glutathione donor and AICAR are administered to the patient.
- 16. The method of claim 1, wherein the glutathione donor and an HMG-CoA reductase inhibitor are administered to the patient.
 - 17. The method of claim 16, wherein the HMG-CoA reductase inhibitor is a statin.
 - 18. The method of claim 17, wherein the statin is atorvastatin, lovastatin, rosuvastatin, fluvastatin, pravastatin, simvastatin, or cerivastatin.
- 15 19. The method of claim 18, wherein the statin is atorvastatin.

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- 20. The method of claim 1, wherein the glutathione donor and D-PDMP are administered to the patient.
- 21. The method of claim 1, wherein the glutathione donor and Miglustat are administered to the patient.
- The method of claim 1, wherein the glutathione donor, AlCAR, an HMG-CoA reductase inhibitor, D-PDMP, and Miglustat are administered to the patient.
 - 23. The method of claim 1, wherein the inflammatory disease or condition is stroke, X-adenoleukodystrophy (X-ALD), cancer, septic shock, adult respiratory distress syndrome, myocarditis, arthritis, an autoimmune disease, an inflammatory bowel disease, an inflammatory nervous system disease, an inflammatory lung disorder, an inflammatory eye disorder, a chronic inflammatory gum disorder, a chronic inflammatory joint disorder, a skin disorder, a bone disease,

a heart disease, kidney failure, a chronic demyelinating disease, an endothelial cell disease, a cardiovascular disease, obesity, a common cold, lupus, sickle cell anemia, diabetes, or a neurodegenerative disease.

- 24. The method of claim 23, wherein the inflammatory disease or condition is stroke.
- 5 25. The method of claim 23, wherein the inflammatory disease or condition is a neurodegenerative disease.
 - 26. The method of claim 25, wherein the neurodegenerative disease is Alzheimer's disease, Parkinson's disease, Landry-Guillain-Barre-Strohl syndrome, multiple sclerosis, viral encephalitis, acquired immunodeficiency disease (AIDS)-related dementia, amyotrophic lateral sclerosis, brain trauma, or a spinal cord disorder.
 - 27. The method of claim 1, further comprising administering a second therapy used to treat or prevent an inflammatory disease or condition.
 - 28. The method of claim 1, wherein the glutathione donor is comprised in a pharmaceutically acceptable composition.
- The method of claim 1, wherein the AICAR, the HMG-CoA reductase inhibitor, the D-PDMP, or the Miglustat is comprised in a pharmaceutically acceptable composition.
 - 30. The method of claim 1, wherein the glutathione donor and the AICAR, the HMG-CoA reductase inhibitor, the D-PDMP, or the Miglustat, are comprised in separate compositions.
- 31. The method of claim 1, wherein the glutathione donor and the AICAR, the HMG-CoA reductase inhibitor, the D-PDMP, or the Miglustat, are comprised in the same composition.
 - 32. The method of claim 1, wherein the glutathione donor is not GSNO.
 - 33. A composition comprising:

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- (a) a glutathione donor; and
- (b) 5-amino 4-imidazolecarboxamide ribotide (AlCAR), a 3-hydroxy-3-methylgluatrylcoenzymeA (HMG-CoA) reductase inhibitor, D-threo-1-Phenyl-2-decanoylamino-3-morpholino-1-propanol HCI (D-PDMP), or 1,5-(butylimino)-1,5-dideoxy-D-glucitol (Miglustat), or a derivative thereof.

- 34. The composition of claim 33, further defined as a phamaceutically acceptable composition.
- 35. The composition of claim 33, wherein the glutathione donor and the AlCAR, the HMG-CoA reductase inhibitor, the D-PDMP, or the Miglustat are formulated in a pharmaceutically acceptable vehicle.
- The composition of claim 33, wherein the glutathione donor is S-nitroglutathione (GSNO), L-2-oxothiazolidine 4-carboxylate (Procysteine), N-acetyl cysteine (NAC), or N-acetyl glutathione.
 - 37. The composition of claim 36, wherein the glutathione donor is S-nitroglutathione (GSNO).
 - 38. The composition of claim 33, wherein the composition comprises a glutathione donor and AICAR.
- The composition of claim 33, wherein the composition comprises a glutathione donor and an HMG-CoA reductase inhibitor.
 - 40. The composition of claim 33, wherein the HMG-CoA reductase inhibitor is a statin.
 - The composition of claim 40, wherein the statin is atorvastatin, lovastatin, rosuvastatin, fluvastatin, pravastatin, simvastatin, or cerivastatin.
 - 42. The composition of claim 41, wherein the statin is atorvastatin.
- The composition of claim 33, wherein the composition comprises a glutathione donor and D-PDMP.
 - 44. The composition of claim 33, wherein the composition comprises a glutathione donor and Miglustat.
- The composition of claim 33, wherein the composition comprises a glutathione donor, AlCAR, an HMG-CoA reductase inhibitor, D-PDMP, and Miglustat.
 - 46. The composition of claim 33, wherein the glutathione donor is not GSNO.
 - A method of preventing or treating an inflammatory disease or condition in a patient comprising administering to the patient a therapeutically effective amount of a glutathione donor, 5-amino 4-imidazolecarboxamide ribotide (AICAR), a statin, D-PDMP, or Miglustat, or a derivative thereof.
- 25 48. A pharmaceutically acceptable composition comprising a glutathione donor and a statin, or derivatives thereof.

49. The pharmaceutically acceptable composition of claim 48, wherein the glutathione donor is S-nitroglutathione (GSNO), L-2-oxo-thiazolidine 4-carboxylate (Procysteine), N-acetyl cysteine (NAC), or N-acetyl glutathione.

50. The pharmaceutically acceptable composition of claim 49, wherein the glutathione donor is S-nitroglutathione (GSNO).

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- 51. The pharmaceutically acceptable composition of claim 50, wherein the statin is atorvastatin, lovastatin, rosuvastatin, fluvastatin, pravastatin, simvastatin, or cerivastatin.
- 52. The pharmaceutically acceptable composition of claim 51, wherein the statin is atorvastatin.
- 53. The pharmaceutically acceptable composition of claim 48, wherein the glutathione donor is L-2-oxo-thiazolidine 4-carboxylate (Procysteine), N-acetyl cysteine (NAC), or N-acetyl glutathione.
 - 54. The pharmaceutically acceptable composition, wherein the glutathione donor is not GSNO.